

Integrative Dermatology

October 18-20, 2024 Lowood Educational Center, Duck, NC

Date and Time	Topic	Description	
Friday, October 18 th 8:00-8:30	Registration, Breakfast		Breakfast Nook
8:30-9:00	Intro to course, Welcoming	Introduction to the course and each other	Classroom
9:00-10:00	Introduction to Dermatology: Exploring layers of the skin	This lecture will be a comprehensive review of the anatomy and structure of the skin as a basis for creating a plan for a healthy dermis. We will also discuss common skin conditions seen in general practice.	Classroom
10:00-11:00	Physical Examination of the Skin: Taking a closer look	In this lecture, we will go through an overview of the physical exam for the skin specifically, including history, exam and common diagnostics to help diagnose, treat and monitor skin disease.	
11:00-11:30	Break		
11:30-1:00	More than Skin Deep: Other systems that affect the skin	The skin is our largest organ and not only affected by exterior pathogens but also by endogenous imbalances. We will review conditions of other organs and the endocrine system that may affect the skin as well as our treatment protocols.	Classroom
1:00-2:30	Lunch		

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2:30-4:30	Intro to Herbs and EOs for the Skin	This lecture will introduce the veterinarian to the use of herbs and essential oils for dermatologic and associated conditions.	Classroom
Saturday, October 19th 8:00-8:30	Breakfast		Breakfast Nook
8:30-10:00	MM: Herbs part 1	In this lecture, will present the Materia Medica of herbs that are specifically indicated for dermatologic conditions. There will be an organoleptic component to this lecture.	Classroom
10:00-10:30	Break		
10:30-12:00	MM: Herbs part 2	In this lecture, will present the Materia Medica of herbs that are indicated for the other organs and conditions involved with dermatologic health. There will be an organoleptic component to this lecture.	Classroom
12:00-1:30	Lunch		
1:30-3:30	MM: EOs	This lecture will present essential oils and their topical use for dermatologic conditions. There will be an organoleptic component to this lecture.	Classroom
3:30-4:00	Break		
4:00-5:30	Lab	In this lab, we will demonstrate how to	Kitchen Classroom

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		prepare both herbal and essential oils for skin conditions. While all the essential oil products will be topical, the herbal products will be both topical and internal.	
Sunday, October 20th 8:00-8:30	Breakfast		Breakfast Nook
8:30-9:30	Nutritional Causes of Dermatologic Imbalances	Nutrition has a huge impact on general health, including our microbiome and our immune system. Addressing food intolerance and ensuring a well-balanced diet can help support our treatment plans with skin disease. We will also briefly discuss incorporating energetics into nutritional recommendations.	Classroom
9:30-10:00	Break		
10:00-11:30	MM: Nutraceuticals	Making sure our pets have all of the nutritional requirements necessary to address their skin issues can sometimes be difficult in the real world. Nutraceuticals can help to bridge that gap. We will review both oral and topical supplements to	Classroom

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		support dermatologic health.	
11:30-12:00	Break		
12:00-1:30	Dermatologic Cases	In this final lecture, we will present some dermatologic cases to tie all the information together and demonstrate its use in practical applications.	Classroom
1:30-2:00	Closing	Final questions, etc.	Classroom