

# **Introduction to Integrative Hospice and Palliative Care**

**March 7-9, 2025**

<b>Date and Time</b>	<b>Topic</b>	<b>Description</b>	<b>Location</b>
<b>Friday, March 7</b> 8:00-8:30	Breakfast		Breakfast Nook
8:30-9:00	Opening and Welcome		Classroom
9:00-10:00	Philosophy of Hospice and Palliative Care	This lecture will be an introduction to the concepts of Hospice and Palliative Care. Topics will include definitions and history of human and veterinary hospice. We will also cover the Hospice and Palliative Care team concept, and applications in veterinary medicine.	Classroom
10:00-10:30	Break		
10:30-12:30	The Forgotten Patient-Communication in a hospice setting, Intake Exam, Setting a Plan, Guidance for the Caregiver	In this lecture, we will discuss the initial palliative care intake and discussions with owners; including their expectations, goals, and understanding of their pet's situation. We will also compare in-hospital vs. in-home exams and how Palliative Care/Hospice differs from other types of practice. Topics such as care-giver burden, burnout, the essential nature of self-care, and anticipatory grief will be covered as well.	Classroom
12:30-2:00	Lunch		
2:00-3:30	Quality of Life Assessments, Emergency Care, Crisis Kits, the Dying process	We will discuss the use and limitations of official QOL scales and teaching the owner to do serial QOL assessments in this lecture. We will also discuss ways to manage an emergency at home using crisis kits and comfort measures. Finally, we will discuss the stages of dying.	Classroom
3:30-4:00	Break		
4:00-5:00	End of Life Discussions	Here, we will discuss euthanasia, CAETA, 10 steps for a good death, and the multistep protocol. We will also discuss aftercare of the body. Lastly, we will examine discussions with families about end of life goals, including in home vs. in-clinic euthanasia.	Classroom
<b>Saturday, March 8</b> 8:00-8:30	Breakfast		Breakfast Nook
8:30-10:30	Overview of Treatment Options	This lecture will be a general introduction to commonly used modalities in Integrative Hospice, with a general introduction of basic concepts and options. Topics will include	Classroom

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		pharmaceuticals, herbs – western and TCM, acupuncture, rehab and other physical therapies, homeopathy, music, energy work, nutrition.	
10:30-11:00	Break		
11:00-1:00	Palliative Care – Pain Management	We will discuss the philosophies and treatment of chronic pain conditions in this lecture. Topics will include musculoskeletal, neurologic, and visceral pain management. Herbs will have an organoleptic component.	Classroom
1:00-2:30	Lunch		
2:30-3:30	Palliative Care – Neurologic	Here, we will discuss the basic integrative treatment options for several common end of life neurologic conditions. Topics will include cognitive dysfunction, seizures, peripheral neuropathies, GOLPP, brain tumors. Herbs will have an organoleptic component.	Classroom
3:30-4:30	Palliative Care – Dermatology and Urinary	In this lecture, we will discuss basic integrative treatment options for the renal and dermatologic systems. Topics will include renal disease, recurrent UTIs, bedsores or other non-healing wounds, urine scalding, and recurrent dermatitis. Herbs will have an organoleptic component.	Classroom
<b>Sunday, March 9</b> 8:00-8:30	Breakfast		Breakfast Nook
8:30-9:30	Palliative Care – Cancer	We will discuss basic integrative treatment options for general cancer support in this lecture. Topics will include discussion of some specific cancers such as lymphoma, hemangiosarcoma, nasal/oral neoplasia, and lung cancer. Herbs will have an organoleptic component.	Classroom
9:30-10:30	Palliative Care – Cardiovascular and Respiratory	In this lecture, we will discuss basic integrative treatment options for the cardiovascular and respiratory systems. Topics will include congestive heart failure, cough, and dyspnea. Herbs will have an organoleptic component.	Classroom
10:30-11:30	Break		
11:30-12:30	Palliative Care –GIT and Liver	In this final system-based lecture, we will discuss basic integrative treatment options for the gastrointestinal and hepatic systems. Topics will include diarrhea, constipation, anorexia,	Classroom

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		vomiting, decreased appetite due to GI disease and other diseases with GI effects. Herbs will have an organoleptic component.	
12:30-2:00	Lunch		
2:00-3:30	Cases	In order to show how all the information presented throughout the course is applied, we will go over a series of integrative hospice and palliative care cases. There will be discussion of modalities performed, outcomes, alternative options, and client experience.	Classroom
3:30-4:00	Final Thoughts and Questions	We will discuss final thoughts about how integrative modalities fit into Hospice and Palliative Care. This will be an opportunity to discuss any final questions.	Classroom